

APPETIZERS

All appetizers served with Mint & Onion Chutney

1. PANI PURI	7.95
2. BHEL PURI	4.95
3. ONION BHAJIA	5.95
4. PAROHA	4.95
5. SAMOSA VEGETABLE	3.95
6. SAMOSA MEAT	4.50
7. CHICKEN PAROHA	6.95
8. PANIR PAROHA	6.95
9. SHRIMP PAROHA	9.95
10. TANDOORI ASSOR APPETIZERS	9.95
11. VEGETABLE ASSOR APPETIZERS	7.95
12. APNA PUNJAB SPECIAL APPETIZERS	9.95
13. SAMOSA WITH CHHOLE	6.95
14. AALOO TIKKI WITH CHHOLE	6.95
15. CHILLI PARODA	4.95
16. AALOO PAPDI CHAAT	3.95
17. AALOO CHAAT	3.95
17A. GOBHI MUNCHRIAN	14.95

CONDIMENTS

18. PAPADUM	1.95
19. RAITA	2.95
20. DAHI BHJALA	3.50
21. MANGO CHUTNEY	3.50
22. ACHAR	2.95
23. GREEN SALAD	2.95
24. CHANA CHAAT	4.95
25. APNA PUNJAB CHAAT	4.95

TANDOORI KHAZANA

26. TANDOORI CHICKEN	13.95
27. CHICKEN TIKKA	13.95
28. SEEKH KEBAB	13.95
30. SHRIMP TANDOORI	16.95

TANDOORI KHAZANA

31. MACHHLI (FISH) TANDOORI	16.95
32. APNA PUNJAB CHICKEN KEBAB	13.95
33. RESHMI TIKKA KEBAB	13.95
34. VEGETABLE MIXED GRILL	12.95
34B. PANIR TIKKA KABAB HOMEMADE	14.95

SOUPS

35. SAMUNDHI SOUP	5.95
36. TOMATO SOUP	4.50
37. MULLIGATAWNY SOUP	4.50
38. COCONUT SOUP	4.50
39. PALAK SOUP	4.50
40. MURG SOUP	4.50

ROTI GHAR

Homemade Indian Bread

43. PARATHA	2.50
44. PURI	2.50
45. ROTI	2.50
46. ALO-PATHATHA	3.95
47. NAAN	2.50
48. ONION PANIR OR GHOBI KULCHA	3.95
49. KEEMA MASALA PARATHA	4.95
50. KASHMIRI PARATHA	4.95
51. GARLIC NAAN	4.95
52. PALAK KULCHA	4.95
53. PESHAWARI NAAN	2.95
54. ACTHARI KULCHA	4.95
55. APNA PUNJAB SPECIAL NAAN	4.95

DARIYA KI DUNIYA

Seafood Specialties

56. SHRIMP KORMA	16.95
57. SHRIMP NIGIRIS	16.95
58. SHRIMP DANKS	16.95
59. GOA MACHHI	16.95
60. SHRIMP JAL-FROZI	16.95
61. SHRIMP VINDALOO	16.95
63. SHRIMP TIKKA MASALA	16.95
63B. FISH VINDALOO	15.95

BAHAR-E-MURG Chicken Specialties

64. CHICKEN MAKHANI	14.95
65. CHICKEN KORMA	14.95
66. CHICKEN CURRY OR VINDALOO	14.95
67. CHICKEN SAGWALA	14.95
68. CHICKEN KEBAB MASALA	14.95
69. CHICKEN DANKS	14.95
70. CHICKEN TIKKA MASALA	14.95
71. CHICKEN PISHAWRI	14.95
72. CHICKEN JAL-FROZI	14.95
73. CHICKEN ACHARI	14.95
74. CHICKEN SAJJI	14.95
75. CHICKEN KADAI	14.95
76. CHICKEN CHILI	14.95
77. CHICKEN CURRY MASALA	14.95
78. CHICKEN MUNTALI	14.95
79. CHICKEN DHINGRI	14.95
80. CHICKEN KHIMA	14.95
81. CHICKEN MANCHURI	14.95
82. SHIAH PATIALA CHICKEN	14.95

GOSHT LAZIZ

Lamb Specialties

83. LAMB VINDALOO OR LAMB CURRY	17.95
84. LAMB SAG	17.95
85. LAMB ROGANJOSH	17.95
86. LAMB PASANDA	17.95
87. KARAHI KEBAB KHYBERI	17.95
88. BHIRNDI GOSHT	17.95
89. LAMB PISHAWRI	17.95
90. KEEMA PUNJABI MASALA	17.95
91. LAMB KORMA	17.95

EGG SPECIALTIES

92. EGG CURRY	13.95
92B. EGG VINDALOO	13.95
93. EGG MASALA	13.95
93B. EGG BHRYANI	13.95

GOAT SPECIALTIES

94. GOAT VINDALOO	15.95
95. GOAT MASALA	15.95
96. GOAT CURRY	15.95
97. GOAT KARAHI	15.95

ROLLS

R1. CHICKEN KATHI ROLL	9.99
R2. VEG KATHI ROLL	9.99
R3. PANIR TIKKA KATHI ROLL	9.99
R4. SEEKH KABAB ROLL	9.99
R5. ALOO (POTATOES) KATHI ROLL	9.99

SABAZ BHANDAR

Vegetarian Dishes

98. GOBHI MUNCHURIAN	14.95
99. VEGETABLE JAL-FROZI	12.95
Fresh garden vegetables marinated in fresh ginger & garlic. Served cooked with natural herbs.	
100. SAG PANIR	12.95
Spinach and homemade Indian cheese cubes cooked in spices.	
101. MATAR PANIR	12.95
Peas and lightly fried homemade cheese cubes cooked in a mildly spiced sauce.	
102. PALAK ALO	12.95
Peas and spinach cooked in aromatic and flavorful spices.	
103. ALO GOBHI MATAR	12.95
Peas, potatoes and cauliflower cooked in Indian spices.	
104. DAL MAKHNI	12.95
Lentils fried in butter with onions, tomatoes, ginger and garlic.	
105. ALO CCHOLE	12.95
Chickpeas and potatoes cooked in mild spices.	
106. BAYNGAN BHURTHA	12.95
Eggplant roasted in the tandoor and cooked with green peas, fresh tomatoes, onions, ginger and garlic. Punjabi style.	
107. MUSHROOM MATAR	12.95
Mushrooms and peas cooked with onions, tomatoes and Indian spices.	
108. BHINDI MASALA	12.95
Whole okra stuffed with exotic spices and cooked with onions and peppers.	
109. MALAI KOFTA	12.95
Homemade cheese stuffed in vegetable balls, cooked in a mildly spiced creamy sauce.	
110. VEGETABLE KORMA	12.95
Mixed vegetables marinated in yogurt and cooked in cream and spices.	
111. PANIR TIKKA MASALA	12.95
Homemade cheese cubes with onions and tomatoes cooked in butter with fresh herbs.	
112. SHAHI PANIR	12.95
Cubed homemade cheese cubes in a mildly spiced tomato and cream sauce.	
113. PANJABI ALLO MASALA	12.95
Pensively made potatoes, marinated in fresh ginger and aromatic with spices.	
114. VEGETABLE MASALA	12.95
Vegetables marinated with mushrooms, chilies and kinds of mixed vegetables.	
115. VEGETABLE MAKHANI	12.95
Vegetables cooked in a rich tomato based cream and butter sauce delicately spiced with herbs.	
116. PANEER MAKHANI	12.95
Paneer cooked in a rich tomato based cream and butter sauce delicately spiced with herbs.	
117. PUNJABI KADI PAKORA	12.95
Potatoes marinated with sour cream & yogurt.	
118. VEGETABLE VANDALOO	12.95
Fresh mixed vegetables.	
119. YELLOW TAD KA DAL	12.95

BIRYANI

Rice Specialties

120. SHRIMP BIRYANI OR FISH BIRYANI	16.95
121. LAMB BIRYANI	17.95
122. CHICKEN TIKKA BIRYANI	
OR CHICKEN BIRYANI	13.95
123. VEGETABLE BIRYANI - PANIR BIRYANI	14.95
Fragrant rice cooked with fresh vegetables, home made cheese with saffron rice.	
124. RICE PULAO	5.95
Lightly fried rice with peas and peas and a touch of onion seeds.	
125. SHAHHANAI BIRYANI	15.95
Soft rice cooked with beautiful pieces of chicken, cubes of lamb and shrimp, RI for a king!	
127. GOAT BIRYANI	15.95
128. HYDRABADI BIRYANI	14.95
Choice of chicken or vegetable.	
129. EXTRA RICE	1.95

COMBINATION DINNERS

130. APNA PUNJAB SPECIAL	19.95
One of our mouth watering house specialties, chicken tandoori, lamb rogan josh, Vegetable korma, Papadum, raita, rice and naan bread.	
131. MIXED ASSORTED TANDOORI GRILL	18.95
Sprinkle any day of the week on assorted delicacies from our charcoal fired tandoor oven. Includes Chicken Tikka, Chicken Tikka, Seekh Kebabs and shrimp served with vibrancy, rich and Naan bread. Your taste buds will thank you.	
132. VEGETABLE THALI (Dine In Only)	17.95
A taste adventure of these vegetable curries served with chutney, raita, papadum, rich and Naan bread on a thali.	
133. NON-VEGETARIAN THALI (Dine In Only)	18.95
Any two vegetables, lamb or chicken curry, served with naan, rice.	
134. SPECIAL COMBINATION (For Two)	36.95
Special Rajas non-vegetarian thali. Two people can enjoy this dinner of Papadum, Multigrainy Soup Seekh Kebabs, Chicken Tikka, Lamb Rogan-Josh, Vegetable Korma Pulao, rice and Naan bread.	
135. NON-VEGETARIAN DINNER (For Two)	32.95
Soup, one vegetable curry, one non-veg. curry, naan bread, raita, rice, dessert.	
136. VEGETARIAN DINNER (For Two)	31.95
Soup, two vegetable curries, naan bread, rice, raita, dessert.	

LOW CARB DIET MENU

D 1. PANIR TIKKA KAGAD	14.95
D 2. CHICKEN TIKKA	13.95
D 4. MACHHLI TANDOORI	16.95
D 5. VEG MIX GRILL	12.95
D 6. SAG PANIR	12.95

Special

BUFFET LUNCH

MONDAY TO SUNDAY

ALL YOU CAN EAT

\$ 12.95

CONGRATULATIONS!

PEOPLE LOVE APNA PUNJAB INDIAN RESTAURANT ON Yelp!

2018




"PEOPLE LOVE US ON YELP!"

DESSERTS

137. FIRN	3.50
Flavored custard milk dish with pistachio and almonds.	
138. KULFI	3.50
Authentic Indian ice cream made with milk and nuts.	
139. GULAB JAMAN	3.50
Jelly deep fried cheese balls dipped in syrup.	
140. RASMLAI	3.50
Homemade cheese balls sweetened with milk and flavored with rosewater and nuts.	
141. MANGO ICE CREAM	3.50
143a. MOONGI DA HALWA	3.50
143b. GAJAR DA HALWA	3.50

DRINKS

144. INDIAN TEA	1.95
Flavored with cardamom, cloves & cinnamon.	
145. TEA OR ICED TEA	1.95
146. ROSE MILK SHAKE	3.50
147. SODA	1.95
Coke, Diet Coke, 7 Up, Ginger Ale, Club Soda.	
148. LASSI	2.75
A refreshing drink made with homemade yogurt and flavored with rosewater.	
149. MANGO LASSI	3.50
A refreshing drink made with homemade yogurt and mango.	
150. MANGO SHAKE	3.50
151. MILK SHAKE	2.50

Authentic-Indian-Cuisine

Apna Punjab Indian Restaurant



All our food is natural and freshly prepared daily on the premises.

No additives are used • Complete Take Out Service

We arrange for Wedding Parties & Private Parties

619 Bloomfield Ave.
Newly Built Banquet Hall
Bloomfield, NJ 07003
TEL.973-743-0392/0393
FAX.973-743-0394

Deliver Min. \$20 - \$25
 (Under 5 miles \$3.50 Deliver Charge)
 (Over 5 miles \$4.95 Deliver Charge)

FREE PARKING

AFTER 6:00 PM

BUSINESS HOURS:

Lunch 11:30 am - 3:00 pm

Dinner Mon. to Sun.: 4:30 to 10:00 pm

~ We Accept Credit Card ~